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Playing like the leaders of the Herd

Luca Ciampini and Matthew Boudreau pack a big offensive punch on the Mooseheads' second line PAGE 21

DOWN TO EARTH

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Monday, October 15, 2012



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DRESSED THE PART

Noah Mills, left, and Harrison Irvine are dressed in period Canadian Second World War uniforms as part of a living history encampment over the weekend at Citadel Hill in Halifax. The exhibit included uniforms and period weapons from both Axis and Allied forces in the war. JEFF HARPER/METRO

Arena attack

Vengeful teens hospitalize two Centennial Arena security guards, says rink foreman PAGE 3

Ante-ing up

Bedford's Jazic likes Canada's chances of advancing to the final round of qualifying in CONCACAF PAGE 23

Our eh-games

Howie Mandel, Alex Trebeck, Bumper Stumpers. Canada's game show heritage is as rich as a vat of maple syrup PAGE 15

HRM playing waiting game

Legislative changes.

Development stalls, costs climb while province is taking its time on 35 amendments: Kelly



RUTH DAVENPORT
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The mayor of HRM says the province is holding up dozens of legislative changes requested by the municipality — including a few that would make key changes to development policies.

HRM has asked for 35 separate legislative amendments since 2006, covering everything from the definition of a "public street" to the critical issue of density bonusing on the peninsula — but so far none have been approved.

"It's frustrating for a municipality the size of Halifax, which has its own charter, to be restricted in changes that will help grow and bring further prosperity to the area," said Mayor Peter Kelly in an interview late last week.

Quoted



"We are a child of the province. They are the parent in terms of legislation ... they govern clearly what we can and can't do."

Mayor Peter Kelly

Kelly wrote to John MacDonell, minister of Service Nova Scotia and municipal relations in early March, asking for movement on at least the 10 most pressing legislative amendments. At the "urging" of departmental staff, HRM named its top three requests, which include density bonusing and changes to capital-cost charges for libraries, recreation and growth studies.

Kelly says approving those requests would help promote development in the downtown core — the one place in Nova Scotia where density bonusing is currently not allowed — and would reduce some of financial burden on taxpayers of new development.

"Our (requests) should be up there as a priority. It not only helps us achieve our

goals, it helps (the province) achieve their goals too," said the mayor. "Our changes will bring more jobs ... and that goes part and parcel with their jobsHere strategy."

The department did not return a call from Metro seeking comment, but Kelly says he was told by Minister John MacDonell's office — just before the interview with Metro — that an update on the amendment requests could be ready sometime this week.

The mayor says he's "cautiously optimistic" that means some amendments will be dealt with when the legislature sits later this month.

"The best response would be the legislative changes that allow us to grow and prosper and meet the public expectation," he said.

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False alarm

A not-so-fond farewell for one aging hearse

A report of a man with a weapon in a Quinpool Road parking lot turned out to be a case of a car owner giving his old lemon a not-so-fond farewell.

Police were called to the parking lot of the Canadian Tire in Halifax around 11 a.m. Sunday, and found a man bashing at his elderly black hearse with a sledgehammer.

"It was on its way to the junkyard, and he wanted to give it a proper sendoff, it seems," said Halifax Regional Police Sgt. David Publicover.

There's no law against destroying your own property, and Publicover says the man cleaned up the resulting mess, so the case doesn't qualify as a disturbance. "It was just him venting some frustration, I guess," said Publicover.

RUTH DAVENPORT/METRO

Murder investigation

Halifax cold case hits 10-year mark

Police in Halifax are renewing their call for tips in a decade-old unsolved murder case.

Sunday marked 10 years since the remains of

Laura Lee Cross were found off a logging road near Dollar Lake Provincial Park.

Cross was reported missing a year before her remains were discovered on Oct. 14, 2002.

She was 33 years old when she disappeared.

Police say their investigation into her death continues. **THE CANADIAN PRESS**



John Stockdale, foreman of the Centennial Arena, shows closed-circuit surveillance footage of a stabbing incident that happened at the Centennial Arena on Saturday evening at a high school hockey match. The altercation can be seen in the bottom-left window. JEFF HARPER/METRO

Arrests, no charges after security guards attacked outside Fairview arena

Saturday incident. One guard stabbed, another injured by flying glass, both treated in hospital

ANDREW RANKIN
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A rink foreman says vengeful teenagers, angry because they weren't allowed to watch a hockey game for free, were behind an attack that sent two Centennial Arena security guards to hospital Saturday evening.

John Stockdale's take on what happened came after reviewing the site's surveillance tape and discussing the incident with police investigators

Sunday afternoon.

"This is something that never happens here. It's shocking," he said.

A healthy crowd came out for the Sackville High-Halifax West hockey game at the Fairview arena on Saturday evening. Earlier reports of the incident indicated the building was at capacity under fire code regulations. But Stockdale says the rink was at about half capacity.

The tape shows security guards refusing about a half-dozen people and then the would-be spectators run toward the back of the building, trying to gain access through the side and back doors.

They then split into two groups. The stabbing occurs minutes after one of the boys throws two rocks through the back-door window. One

The alleged attackers

- Halifax Regional School Board spokesman Doug Hadley says the alleged attackers appear to have no connection to either school.

teenager who appears to be wearing a hooded sweatshirt charges a security guard after the guard exits the back door.

The knife-wielding male ends up pushing the guard through the door where the struggle continues and the stabbing allegedly occurs.

A scuffle also ensued at the front of the arena where a security guard was punched in the face. A third guard was injured by flying glass when a rock was thrown through a

glass door.

"This is a social event, a sporting event, it's time to have fun and cheer on your teams," said Sgt. David Publicover of Halifax Regional Police. "The security officers ... don't deserve to suffer anything for doing their job and trying to keep patrons safe."

The suspects fled after the attack, but Publicover says witnesses helped responding police officers make four arrests.

The four people taken into custody were released without charges, but Publicover says the investigation is ongoing and charges may still be laid.

"The general investigative section ... has a few more things they have to check on, speak to the victims, just some details," said Publicover.

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1 NEWS

Finding solace in their loss

Breaking the silence.

Annual walk offers support for families coping with the death of a baby

ANDREW RANKIN

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Grant Van Blaricom and his wife Jasmine were over the moon with excitement preparing for their first child Madeleine three years ago.

Then the unthinkable happened. Thirty-two weeks into Jasmine's pregnancy, Madeleine's heart stopped beating.

"We don't know what happened," said Van Blaricom. "It was absolutely the worst kind of feeling possible. When you're getting ready to have your first baby, you're so happy; you're innocent."

The pair were among about 300 mothers and fathers, sisters and brothers and grandparents who showed up to the IWK Health Centre to remember and to share their story at the fourth annual Halifax Walk for Pregnancy and Infant Loss on

Sunday afternoon.

Participants wore badges bearing the names of unborn children and babies whose lives fell victim to a range of heart-breaking causes, from miscarriage to sudden infant death syndrome.

Beyond remembrance, the event was designed four years ago for participants to share their grief openly.

"My parish priests told me to talk about my loss," said organizer Tina Thibeau-Foley, who miscarried during her first pregnancy. "Previous generations were told not to talk about it. This is a way to break the silence."

Thibeau-Foley found three other women on Facebook who were also coping with losing their babies. So the foursome decided to team up with IWK to launch the walk, and they haven't looked back.

Co-organizer Natasha Hope lost three babies from 2005 to 2009. She now has three children. For her, one of the most memorable moments of the annual event happened last year when a woman who lost her baby in the 1950s embraced Hope after the walk.

"She thanked me for giving her chance to grieve publicly," said Hope. "That's what it's all about. We're walking for our kids."

Van Blaricom couldn't agree more.

"Madeline's still a big part of us," he said. "You see all the people here and it helps."



Participants leave the IWK Health Centre to take part in the fourth annual Halifax Walk for Pregnancy and Infant Loss on Sunday afternoon. JEFF HARPER/METRO

Support group

"We just want people to come and feel like they're part of a larger support group."

Tina Thibeau-Foley, event organizer

Stranded. Stop-work order issued for removal of ship

The province has issued a stop-work order to the salvage company tasked with removing a ship that ran aground off Cape Breton more than a year ago.

The Department of Labour and Advanced Education says the order requires New York-based Bennington Group to hire an independent engineer to complete an assessment on the structural integrity of the MV Miner.

The department says work to dismantle the 230-metre bulk carrier off Scatarie Island

will not begin until the assessment is complete.

The ship ran aground on Sept. 20, 2011, while being towed to a scrap yard in Turkey.

The project has been plagued with delays since the province gave approval for the Bennington Group to remove the ship in the spring. In September, the company was given another three months to complete the work after it complained government bureaucracy and red tape hampered their efforts. **THE CANADIAN PRESS**

Cape Breton Capers

Volleyball star victim of fatal crash near Enfield

A former star member of the Cape Breton Capers women's volleyball has been identified as the victim of a fatal car crash on Highway 102 near Enfield last week. Kristen Ryan of Port Hastings, a five-year member of the Capers, died in the crash on Thursday. At about 8:20 p.m.,

police say a vehicle flipped several times with the female passenger dying on scene. The male driver was taken to hospital with non-life-threatening injuries.

"Kristen was a special member of our Capers family; a great teammate and individual and she will be sorely missed," athletic director John Ryan said in a statement.

She was due to graduate with her bachelor of arts degree Oct. 27.

PHILIP CROUCHER/METRO

Big crowds brave chilly weather for Nocturne arts festival

Temperatures were in the single digits, but crowd counts at Nocturne 2012 may have topped 20,000.

Executive director Rose Zack says official figures for the outdoor visual arts event are still being tabulated, but anecdotal evidence suggests the turnout on Saturday evening surpassed last year's record-breaking figures.

"A lot of places talked

about ebb and flow last year, they'd get a big rush and then it would slow down," she said. "But this year they were saying it was constant, non-stop all night."

Zack says the developer behind the Nocturne iPhone app reported hits coming in at a rate of 30 per second around 8:30 p.m., compared to two or three during last year's event.

Great night

"It was a pretty great night and even though it was cool, it didn't seem to stop anyone."

Rose Zack, executive director, Nocturne

Likewise, individual page views of the Nocturne website had reached about

100,000 by 9 p.m.

Zack says she was surprised and pleased by the diversity of the crowds flooding the streets of downtown Halifax.

"It's not something people see every day or what they'd be interested in, but they opened themselves up to the experience, and you saw a lot of really happy faces," she said. **RUTH DAVENPORT/METRO**

No cash

Suspect sought in attempted robbery

Police are looking for a man who attempted to rob a Halifax convenience store on Saturday. At around 5 p.m., a masked man entered the Needs on Coburg Road, said he had a weapon and demanded money. The clerk said he didn't have any cash, and police say the suspect fled, running towards Robie Street. **METRO**



Kristen Ryan HANDOUT

July homicide

Police charge man in shooting death of 23-year-old

A man is facing charges in the July shooting death of a 23-year-old North Preston resident.

RCMP say 21-year-old Stephan Johnson of North Preston turned himself in to police Thursday afternoon. Police say Johnson has been charged with

second-degree murder in the shooting death of Narico Downey.

Investigators were called to Downey Road in North Preston on July 29 at about 8:48 p.m. after receiving a report of an injured man.

Once on the scene, police found Downey with a gunshot wound.

He was rushed to the Queen Elizabeth II Health Sciences Centre where the 23-year-old died from his injuries.

METRO

Education. University funding steady: Province

Nova Scotia's government says it will spend the same amount of money on universities in 2013-14 as it did the year before, but some of the funding is tied to the universities becoming more efficient.

The province says in a news release that the operating grant will be \$314 million, \$10 million less than the year before.

But the Education Department says that universities will receive \$10 million from its university excellence and innovation program, leaving schools with the same overall amount of money.

The province brought in the \$25-million program as part of a three-year deal with universities announced in January.

The program supports part-

Criticism

- Liberal education critic Zach Churchill says the NDP government isn't doing enough to restrain the rising cost of education for students and the families that support them.
- Churchill says students and parents cannot afford another significant tuition hike over the next year.

nerships between universities that help find areas to reduce costs, expand inter-university co-operation, and foster innovation and educational excellence. **THE CANADIAN PRESS**

Labour. Rejected offer sets stage for strike at NSP

Nova Scotia Power workers have voted down a final contract offer from the utility, setting the clock ticking towards a possible strike date of Friday.

The members of the International Brotherhood of Electrical Workers, Local 1928, say they rejected the contract offer

because current members were being asked to pay more into their pension plans.

The union also says it objects to pension-plan changes that would deny new employees access to the existing pension plan of the Emera Inc. subsidiary. **THE CANADIAN PRESS**

Reports. Pills seized from home of 'Black Widow'

Crime. Bail hearing for Melissa Ann Weeks pushed back to Oct. 26

Police seized several bags and bottles of prescription drugs and a handwritten note about the immediate need to get power of attorney from the property of a woman charged in Nova Scotia with the attempted murder of her husband, court documents say.

The reports filed by Cape Breton Regional Police with a judge list the items officers took from the purses and home of Melissa Ann Weeks, a 77-year-old woman dubbed the "Black Widow" for a man-

slaughter conviction in the death of a previous husband in 1991 and other charges linked to men she has dated.

She is also facing a charge of administering a noxious substance to her husband, 75-year-old Fred Weeks.

The documents filed with the provincial court in Sydney say police took bottles containing seven different types of prescription tablets, along with several plastic bags with unidentified pills that were found in two purses.

Police say they also took handwritten notes on stationery from the North Star Inn, where a separate warrant application says Weeks stayed after her husband was hospitalized on Sept. 29. **THE CANADIAN PRESS**



Melissa Ann Weeks, 77, also known as the "Black Widow," leaves provincial court from a bail hearing at the Sydney Justice Centre on Friday.

MURDOCK SMITH/THE CANADIAN PRESS

Wildlife



The province will keep offering money for coyote pelts. ISTOCK

Coyote bounty carrying on

Nova Scotia is extending a bounty on coyotes for three more years.

Natural Resources Minister Charlie Parker says the province will continue paying \$20 per pelt during the regular trapping season.

The cash-for-pelts system has been in place since the fall of 2010.

The minister says the system works because it "may help change" the behaviour of the animals and make them more frightened of humans.

The province has also distributed educational materials about the danger of coyotes, trained 13 trappers to target aggressive coyotes in selected areas and hired a wildlife-conflict biologist.

THE CANADIAN PRESS

Penalty

Crab harvesters slapped with fines

A trio of Nova Scotia crab harvesters have been fined.

Back in September, Cape Breton residents Myles Miller, Dwayne Miller and Alexis Poirier pleaded guilty to offloading snow crab without the presence of an observer.

A judge has fined Myles Miller \$3,000, while Dwayne Miller has been fined \$1,000 and Poirier \$2,500.

The men are also prohibited from fishing snow crab in the first 24 hours of the 2013 season.

THE CANADIAN PRESS

Glance Bay

Police warn of fake \$100 bills

Police in Cape Breton are warning businesses to watch out for counterfeit \$100 bills that have been circulating in the Glance Bay area.

They say the funny money has been showing up in recent days at small convenience stores.

Police say the fakes are of a poor quality and look like older-style \$100 bills.

THE CANADIAN PRESS

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Pussy Riot members face tough conditions in Russian penal colony

Life inside. Women live with 30-40 others in a room, exercise outdoors in temperatures as low as -30 degrees

It's a far cry from Stalin's gulag, but the guiding principle of the Russian penal colony — the destination of two members of punk band Pussy Riot — remains the same: Isolate inmates and wear them down through "corrective labour."

Maria Alekhina and Nadezhda Tolokonnikova will have to quickly learn the inner laws of prison life, survive the dire food and medical care, and risk bullying from inmates either offended by their "punk prayer" against President Vladimir Putin or under orders to pressure them.

In colonies for women, inmates live in barracks with 30 to 40 to a room. They begin the day by shuffling outside for compulsory exercises at daybreak, in temperatures as low as -30 C in winter. After roll call and a breakfast of gruel, they spend seven to eight hours a day at work, usually hunched over sewing machines working on uniforms and other clothing.

Since there is only one women's penal colony near Moscow, female prisoners from the capital are commonly sent to Mordovia, a swampy, mosquito-infested province on the Volga River.

How they got there

- Maria Alekhina, 24, Tolokonnikova, 22, and Yekaterina Samutsevich, 30, were convicted of hooliganism motivated by religious hatred for a performance in Moscow's main cathedral as Putin headed into an election that handed him a third term as Russia's president.
- The women insisted their protest was political but many believers said they were deeply offended by the sight of the band dancing on the altar in balaclavas.
- An appeals court released Samutsevich on Wednesday, but upheld the two-year prison terms of the others.

Defence lawyers said Alekhina and Tolokonnikova would be transported to a penal colony within two weeks. The location was not yet known.

Despite the harsh conditions, many prisoners nonetheless prefer the colonies to the pre-trial detention centres, where they are kept in cramped, sometimes spectacularly unhygienic cells and only allowed out for an hour a day. The three Pussy Riot members were held in such a centre since their February arrest.

Russian inmates are kept in a system that Russia's own



In this photo from 2011, women wait to be escorted for work at a women's prison outside Orel, Russia. Two members of the punk band Pussy Riot will serve their sentence in a penal colony far from Moscow. YURI TUTOV/THE ASSOCIATED PRESS

justice minister has described as "monstrously archaic" and whose purpose has changed little for hundreds of years. Czarist Russia sent prisoners to remote Siberian colonies where labour was in short supply; the system was inherited and expanded by the Soviet Union, which worked millions of prisoners to death in the gulag. Russia incarcerates more people than any country in the world bar the U.S. and China.

Prisoners are typically paid the equivalent of about \$10 a day, which they can use to buy food, cigarettes, and toiletries.

Alekhina and Tolokonnikova, university graduates, are unlikely to have much in common with their fellow inmates.

Perhaps the greatest danger for the band members, however, will be posed by their fellow inmates. Physical violence, while a danger, is relatively rare in comparison to men's colonies. But the psychological pressure can be greater, said Vitaly Borshchov, head of the Public Monitoring Commission, a human rights organization that works with the government to improve prison conditions.

"Colonies are all-consuming for women," he said. "Having a large group of women together in a single space is a recipe for tension and conflicts. You might get beaten up, sexually humiliated or forced to be someone's lover, especially if you're a young woman."

The Pussy Riot members' lawyers and supporters also fear that Orthodox believers may attack them, either inspired by the extremely negative coverage of their protest on state television or egged on by state officials.

THE ASSOCIATED PRESS

Penal colonies

Other high-profile cases

There have been other high-profile penal-colony inmates in Putin's Russia.

Mikhail Khodorkovsky, the imprisoned head of the Yukos oil company, served part of his 14-year sentence in an Eastern Siberian colony. Once Russia's richest man, he served his time making mittens. Arrested in 2003, Khodorkovsky was convicted in two cases seen as punishment for challenging Putin's power.

Svetlana Bakhmina, a lawyer who spent three years in a penal colony, said you have little free time to yourself in the prison colony, where guards often compel prisoners to attend classes or participate in cultural activities. In a U.S. diplomatic cable released by WikiLeaks in 2010, former Ambassador William Burns recalled visiting a women's prison where inmates put on a "bizarre fashion and talent show" for American officials.

"Boredom doesn't exist in the colony. It's too good a concept for it. You just regret the time you spend," Bakhmina said.

THE ASSOCIATED PRESS

Russia. Opposition cries foul over alleged fraud in local elections

President Vladimir Putin's loyalists appeared likely Sunday to retain their hold in thousands of local elections that offered slightly more room for competition, but were marred by opposition claims of widespread vote fraud.

The Kremlin eased stiff election laws in response to major protests against Putin last winter, but introduced new restrictions after the demonstrations abated. Kremlin-approved governors and most of the incumbent mayors appeared poised to preserve their seats and the Kremlin's main United Russia party will likely keep dominating local legislatures and municipal councils.

In one of the most visible races Sunday, opposition activist Yevgeniya Chirikova was challenging the government-



Opposition activist Yevgenia Chirikova. THE ASSOCIATED PRESS

backed acting mayor of Khimki, a town just outside Moscow.

Chirikova, a 35-year-old mother of two who helped organize Moscow's protests, filed two petitions — alleging her rival broke campaign rules and that election officials manipulated voter lists. Authorities rejected her complaints. THE ASSOCIATED PRESS

9-11. Judge may censor Guantanamo detainees in war-crimes tribunal

A U.S. military judge is considering broad security rules for the war-crimes tribunal of five Guantanamo prisoners charged in the Sept. 11 attacks, including measures to prevent the accused from publicly revealing what happened to them in the CIA's secret network of overseas prisons.

Prosecutors have asked the judge at a pretrial hearing starting Monday to approve what is known as a protective order that is intended to prevent the release of classified information during the eventual trial of Khalid Sheikh Mohammed, who has portrayed himself as the mastermind of the 9-11 attacks, and four co-defendants.

Lawyers say the rules, as proposed, will hobble their defence. The American Civil Liberties Union, which has

Reaction

"It's a truly extraordinary and chilling proposal that the government is asking the court to accept."

Hina Shamsi, an ACLU attorney

filed a challenge to the order, says the restrictions will prevent the public from learning what happened to the defendants during years of CIA confinement and interrogation.

The protective order requires the court to use a 40-second delay during court proceedings so that spectators, who watch behind sound-proof glass, can be prevented from hearing the classified details of the CIA's rendition and detention program.

THE ASSOCIATED PRESS

Syria. Activists say jihadi group helped seize missile-defence base

A shadowy jihadi group believed to be linked to al-Qaida fought alongside rebels who seized a government missile defence base in Syria on Friday, activists said, heightening fears that extremists are taking advantage of the chaos to acquire advanced weapons.

Videos posted online Friday said to have been shot inside the base said the extremist group, Jabhat al-Nusra, participated in the overnight battle for the air-defence base near the village of al-Taaneh, east of Aleppo. The videos show dozens of fighters inside the base near a radar tower, along with rows of large missiles, some on the backs of trucks.

A report by a correspondent with the Arabic satellite network Al-Jazeera who visited the base Friday said Jabhat al-Nusra had seized the base. The

Jabhat al-Nusra

Little is known about Jabhat al-Nusra, or the Support Front, which began claiming attacks in Syria earlier this year in postings on jihadi forums often used by al-Qaida. While neither group has officially acknowledged the other, analysts say their tactics, rhetoric and use of al-Qaida forums point to an affiliation.

report showed a number of missiles and charred buildings, as fighters covered their faces with black cloths. Two Aleppo-based activists and Rami Abdul-Rahman, head of the Syrian Observatory for Human Rights, also said Jabhat al-Nusra fought in the battle. THE ASSOCIATED PRESS

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A lifeline for kids

By Rona Maynard

Every time the phone rings on Duane's desk at Kids Help Phone¹, he knows a young person needs help. Broken heart, divorcing parents, abusive home ... he's heard it all and more, countless times. Callers share their secrets with Duane because they trust him not to judge them or tell anyone without their permission. Duane talks with every kid as if he has all the time in the world. He says what he likes best about his job is "leaning back in my chair and really

listening, and also listening to what kids are not saying."

Kids Help Phone is Canada's only free, confidential, counselling service for youth, available in English and French. Close to 100 full-time, part-time and relief counsellors have a DJ's grasp of the latest pop culture trends, yet every one is professionally trained. They're on call where kids want to find them — on the phone, via email and, more recently, live chat (instant messaging on a computer or smartphone). A child who's not ready to talk can find a wealth of kid-friendly, age-appropriate advice on Kids Help Phone's interactive website. Every page on the site has been vetted by subject-matter experts, plus kids themselves. If they say the language is "lame," it gets changed in a flash. Says president and CEO Sharon Wood, "We are at the pulse of what kids really think."

The heart of Kids Help Phone is counsellors like Duane. With his guidance, kids reframe their problems.

When a teen called about bullying at school, he asked, "Do you think you

"I was feeling sad when I called, and now I feel amazing!"
— Caller, age 12

deserve to be treated with respect?" She didn't think so — until Duane convinced her that she had been made to feel that way by people who didn't know her.

Next, he helped her identify supports in her life.

Her parents had told her that the bullying would pass, but a sympathetic aunt could be her advocate with them. She also had several trustworthy classmates, and staying close to them would discourage the bullies.

Growing up is harder than it used to be as the Internet turns high school fads and Hollywood meltdowns into worldwide obsessions. Take fear of fat: more boys suffer from eating disorders now. Or self-injury — celebrities have admitted to it, so kids are starting to think it's cool. The counsellors at

Kids Help Phone are hearing more these days about addictions, eating disorders, self-injury and other serious issues that collectively account for more than 30 per cent of all contacts — up from 19 per cent in 2004.

When a young person is in danger, Kids Help Phone is ready. Counsellors can use three-way calling to connect them with local police, child welfare or other emergency services. Duane remembers one such conversation with an abused, suicidal teen, who later wrote to tell him, "This will change my life."

Kids Help Phone: The Numbers

FOUNDED: 1989
WEEKLY CONTACTS WITH PHONE COUNSELLORS: 5,000
AGE GROUP SERVED: 5 to 20
COMMUNITIES SERVED: 2,600
DAYS OPEN YEARLY: 365, 24/7
PHONE NUMBER: 1-800-668-6868

How RBC® supports Kids Help Phone

When Kids Help Phone introduced live chat as a pilot project in January 2012, young people came flocking. There was just one catch: how would counsellors meet demand? To close the gap, the RBC Children's Mental Health Project, funded by the RBC Foundation, recently announced a \$1-million donation. Now Kids Help Phone can ramp up live chat and continue its long tradition of staying in step with young people.

Since 2008, the RBC Children's Mental Health Project has donated more than \$16 million to more than 200 organizations across Canada, including Kids Help Phone. You can help us help children. Please visit rbc.com/childrensmentalhealth and test your knowledge of children's mental health. For every completed quiz, we will give \$2 to Kids Help Phone².

² To a maximum donation of \$50,000.

Even in the most loving families, there's a place for Kids Help Phone. You might not be around when your child feels anxious or scared.

Says Wood, "Think of each child as having a circle of trusted adults — parents, teachers, coaches. We're part of that circle, and we're there when others aren't available."

Here's how to make the most of Kids Help Phone:

- **Start early.** Teach your child three phone numbers — home, 911, and Kids Help Phone: 1-800-668-6868.
- **Help your child fill out the safety planner** at kidshelpphone.ca. Then print out a handy card for your child's wallet.
- **Bookmark kidshelpphone.ca** and make it your family's go-to resource for emotional issues. Not sure how to start a conversation about what's troubling your child? From the death of a beloved pet to dating violence, you will find everything you need and then some.

Rona Maynard is an author, speaker, mental health advocate and former Editor of Chatelaine.



RBC
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Health Project

This is a special feature brought to you by the RBC Children's Mental Health Project. Visit rbc.com/childrensmentalhealth to view the entire series.

Andes crash survivors play memorial game

40th anniversary.

Former members of Uruguayan rugby team reflect on what they learned from a horrifying experience

Surviving members of an Uruguayan rugby team have played a match postponed four decades ago when their plane crashed in the Andes, stranding them for 72 days in the cordillera and forcing them to eat human flesh to stay alive.

The Old Christians Club squared off Saturday in Santiago in a game that was tied 1-1 against the Old Grangonian Club, the former Chilean rugby team they were supposed to play back when their flight went down. Their terrifying story became the basis of a bestselling book and a Hollywood movie.

"At about this time we were falling in the Andes. Today, we're here to win a game," crash survivor Pedro Algorta, 61, said as he prepared to walk onto the playing field surrounded by the jagged mountains that trapped the group.

During the anniversary ceremony, military jets flew over the field, where parachutists draped in Chilean and Uruguayan flags landed. In a corner, survivors wept when officials unveiled a commemorative frame with pictures of those who died in the snowy peaks.

"The conditions were more horrifying than you can



Carlos Paez, 58, a former member of Uruguay's rugby team who survived a 1972 plane crash, waves a small red shoe after a helicopter carrying fellow team member Fernando Parrado lands in a rugby field in Santiago, Chile, Saturday. Parrado gave a similar shoe to his friends at the plane crash site in 1972 before he trekked through the Andes with a single companion for 10 days and guided rescuers back. LUIS ANDRES RENAJO/THE ASSOCIATED PRESS

Survivor

"I came back to life after having died.... It's something that very few people experience."

Plane-crash survivor Fernando Parrado, who left the crash site in the Andes with one other person to guide rescuers to the survivors

ever imagine. To live at 4,000 metres without any food," said survivor Eduardo Strauch, 65. "The only reason why we're here alive today is because

we had the goal of returning home.... (Our loved ones) gave us life. They made the sacrifice for others."

The Uruguayan air force plane that carried the team crashed in a mountain pass in October 1972 while en route to Santiago from Montevideo. Of the 45 passengers aboard, 16 survived by feeding on dead family members and friends preserved in the snow.

"I think the greatest sadness I felt in my life was when I had to eat a dead body," said Roberto Canessa, 59, who was

a teenage medical student at the time of the crash.

"I would ask myself: Is it worth doing this? And it was, because it was in order to live and preserve life, which is exactly what I would have liked for myself if it had been my body that lay on the floor," he said.

Desperate after more than two months in the frigid peaks, Canessa and Fernando Parrado left the crash site to seek help. It was the group's last attempt at survival.

THE ASSOCIATED PRESS

Breaking off. Scottish, British authorities to reveal referendum terms

It's not a meeting David Cameron is likely to enjoy.

The British prime minister is due to visit the leader of Scotland's separatist administration on Monday to agree to the terms of a referendum that could break up the United Kingdom.

Cameron does not want to be the leader who presides over the demise of the 300-year-old political union between England and its northern neighbour. But, practically, there is little he can do to stop politicians in semi-autonomous Scotland asking voters whether they want to

break free.

With Scotland, like much of Europe, facing recession and economic uncertainty, the answer is hard to predict.

"I can't find a job and my prospects are slim," said Sally Murray, an unemployed office worker in Edinburgh. "I've got nothing to lose. Perhaps my prospects would improve by going independent."

Officials from London and Edinburgh have been meeting for weeks to hammer out details of a vote. Sticking points included the date and the wording of the question.

THE ASSOCIATED PRESS

Poor choice of words

Bad joke prompts evacuation of main Anchorage airport terminal

The manager at Alaska's main airport says he expects charges to be filed after a bad joke led to the evacuation of a terminal.

Ted Stevens Anchorage International Airport manager John Parrott says the incident happened a little after 12 a.m. local time Sunday, and the terminal was cleared as authorities searched through baggage. Investigators questioned a man who made reference to a bomb, as well as his two travelling companions.

They figured out that he was joking, and needless to say, they didn't find it funny.

THE ASSOCIATED PRESS

Adorable snack

Chinese scientist says fossils show prehistoric man ate pandas

A Chinese scientist says that humans used to eat pandas.

In a newspaper interview, Wei Guangbiao says prehistoric man ate the bears in what is now part of the city of Chongqing in southwest China. Wei, the head of the Institute of Three Gorges Paleoanthropology at a Chongqing museum, says many excavated panda fossils "showed that pandas were once slashed to death by man."

But he says pandas were much smaller then.

Wei says wild pandas lived in Chongqing's high mountains 10,000 to one million years ago.

THE ASSOCIATED PRESS

Where Does the Future Mayor Stand on Physical Activity? We have all the answers.

The following partners of Stepping Up asked our mayoral candidates 4 questions regarding how, as Mayor; they will support and inspire residents in HRM to be physically active:

- Capital Health
- IWK Health Centre
- Heart and Stroke Foundation of Canada
- Department of Health and Wellness
- Dalhousie University

1. As mayor, what actions will you take to ensure communities are safe, accessible and inviting for residents to walk or wheel for recreation and transportation?
2. What can council do to support use of existing recreational and active transportation infrastructure to inspire more physical activity in HRM?
3. Youth physical activity levels are declining. What is the municipality's role in addressing this issue and making physical activity more accessible to all populations?
4. Beyond the above questions, what actions will you take as mayor to inspire and make physical activity the easy choice for our residents at home, school, work, and play?

Read their responses and understand how our mayoral candidates will make physical activity more accessible:
SteppingUpHalifax.ca or facebook.com/SteppingUpHRM

Stepping Up is a partnership and collaborative initiative that works with organizations to help Halifax residents be physically active.



Troops approved for combat ops



Canadian soldiers with 1st RCR Battle Group, the Royal Canadian Regiment.

ANJA NIEDRINGHAUS/THE CANADIAN PRESS FILE

Afghanistan. Opposition charges the exemption allowing troops to serve with allies goes against Parliamentary decision

National Defence successfully pushed the Harper government last year to ease the prohibition on Canadian troops from setting foot in Kandahar and participating in combat operations by establishing an exemption for those serving with allies, internal documents reveal.

It is a decision that violates

both the spirit and the letter of the Parliament motion that led to the country's exit from the Afghan war, the opposition charged.

Less than a half-dozen Canadians, most of them with the air force, continue to serve in the volatile region that has been the epicentre of the Taliban insurgency.

The much-heralded end to Canada's five-year guerrilla war in southern Afghanistan produced the iron-clad policy that barred soldiers from taking part in combat operations and being anywhere near war-torn Kandahar province after Dec. 31, 2011.

The date was established

in the Parliament motion of 2008.

Even though Canada didn't participate, the previous Liberal government quietly allowed Canadian officers, including the country's soon-to-be retiring top soldier, Gen. Walt Natynczyk, to serve on secondment in the U.S.-led Iraq war.

In contrast, the original Conservative government dictate over Kandahar was much stricter, perhaps as a reflection of the politically radioactive nature of the issue.

The Privy Council Office was asked in the spring of 2011 to approve an exemption for soldiers "working in exchange positions with allied nations,"

said a recently released briefing note prepared for the head of the army on March 22, 2011.

The note was obtained by The Canadian Press under the Access to Information Act.

The measure was supported by Defence Minister Peter MacKay.

A spokeswoman for National Defence says the dispensation was granted.

Canadian Forces "members serving as fully integrated members of foreign forces in exchange positions are permitted to be in Kandahar province and to serve in combat roles, as their host units direct them," Lauri Sullivan said in an email.

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U.S. election. Obama, Romney prepare for second debate

The next eight days could prove critical for both Barack Obama and Mitt Romney — the two bitter rivals for the White House square off for their second and third prime-time debates, both well aware that their first face-off dramatically altered a roller-coaster presidential race.

The two men took a break from campaigning on Sunday to undergo intensive debate preparation ahead of their next high-stakes clash, this time a town hall-style event on both foreign and domestic policy be-

ing held in Hempstead, N.Y., on Tuesday.

Obama was in Williamsburg, Va., at a posh resort on the James River. Various members of his debate prep team, including Romney stand-in Sen. John Kerry — toting a massive binder filled with colour-coded dividers — were seen milling about the resort on Sunday, hoping to ensure a far more spirited, engaged Obama shows up this week.

Romney was at his home in Boston, hoping to build upon

his recent momentum by besting Obama yet again with another razor-sharp debate performance.

The battle for the White House is now a horse race in the aftermath of the two men's first debate in Denver two weeks ago. The Real Clear Politics daily polling average has Romney slightly ahead of Obama nationally, with the Republican also surpassing or nipping at the heels of the president in several crucial battleground states that will

determine the outcome of the Nov. 6 vote.

Obama plans to be more aggressive when he squares off against Romney this week, the president's top adviser said Sunday. "He is going to make some adjustments on Tuesday," David Axelrod said on "Fox News Sunday."

Axelrod accused Romney of having "serially walked away from his own proposals" during the first showdown, an event watched by almost 70 million Americans. **THE CANADIAN PRESS**



Women protest to condemn the attack on the 14-year-old schoolgirl Malala Yousufzai, who was shot last Tuesday by the Taliban, in Islamabad, Pakistan, on Sunday. ANJUM NAVEED/THE ASSOCIATED PRESS

1,000s rally for girl shot by Taliban

Pakistan. Schoolgirl shot in the neck for promoting women's education still recovering in hospital

A new light

"Malala Yousufzai is a beacon of knowledge. She is the daughter of the nation."

Ataf Hussain, chief of the Muttahida Quami Movement, told a Pakistan audience by telephone from London

Tens of thousands rallied in Pakistan's largest city Sunday in the biggest show of support yet for a 14-year-old girl who was shot and seriously wounded by the Taliban for promoting girls' education and criticizing the militant group. The Oct. 9 attack on Malala Yousufzai as she was returning home from school in Pakistan's northwest horrified people inside and outside the country.

At the same time, it gave hope to some that the government would respond by intensifying its fight against the Taliban and their allies.

But protests against the shooting have been relatively small until now, usually attracting no more than a few hundred people.

That response pales in comparison to the tens of thousands of people who held violent protests in Pakistan last month against a film produced in the United States that denigrated Islam's Prophet Muhammad.

Demonstrations in support of Malala — and against rampant militant violence in the country in general — have also been fairly small compared with those focused on issues such as U.S. drone attacks and the NATO supply route to Afghanistan that runs through Pakistan.

Right-wing Islamic parties

and organizations in Pakistan that regularly pull thousands of supporters into the streets to protest against the U.S. have less of an incentive to speak out against the Taliban. The two share a desire to impose Islamic law in the country — even if they may disagree over the Taliban's violent tactics.

Pakistan's mainstream political parties are also often more willing to harangue the U.S. than direct their people power against Islamist militants shedding blood across the country — partly out of fear and partly because they rely on Islamist parties for electoral support.

One of the exceptions is the political party that organized Sunday's rally in the southern port city of Karachi, the Muttahida Quami Movement. The party's chief, Ataf Hussain, criticized both Islamic and other mainstream political parties for failing to organize rallies to protest the attack on Malala.

He called the Taliban gunmen who shot the girl "beasts" and said it was an attack on "the ideology of Pakistan."

Many of the demonstrators carried the young girl's picture and banners praising her bravery and expressing solidarity.

THE ASSOCIATED PRESS



Free falling

Faster than a speeding bullet.
Austrian becomes the first skydiver to fall faster than the speed of sound

Austrian extreme athlete Felix Baumgartner landed gracefully on Earth Sunday after a 38.6-kilometre jump from the stratosphere in a dramatic, record-breaking feat that officials said made him the first skydiver to fall faster than the speed of sound.

Baumgartner came down in the eastern New Mexico desert about nine minutes after jumping from his capsule 39,045 metres above Earth. He lifted his arms in victory shortly after landing, setting off loud cheers from jubilant onlookers and friends inside the mission's control centre in Roswell, N.M.

"When I was standing there on top of the world, you become so humble; you do not think about breaking records anymore, you do not think about gaining scientific data. The only thing you want is to come back alive," he said after the jump.

Brian Utley, a jump observer from the International Federation of Sports Aviation, said preliminary figures show Baumgartner reached a maximum speed of 1,342 km/h. That amounts to Mach 1.24, which is faster than the speed of sound. No one has ever reached that speed wearing only a high-

tech suit.

Baumgartner says that travelling faster than sound is "hard to describe because you don't feel it." With no reference points, "you don't know how fast you travel," he told reporters. "Sometimes we have to get really high to see how small we are."

The altitude he leaped from also marked the highest-ever for a skydiver — more than three times the

Quoted

"Sometimes we have to get really high to see how small we are."

Felix Baumgartner

height of the average cruising altitude for a jetliner. Organizers said the descent lasted just over nine minutes, about half of it in free fall. Utley said he travelled 36,529 metres in free fall.

Three hours earlier, Baumgartner, known as "Fearless Felix," had taken off in a pressurized capsule carried by a 55-storey ultra-thin helium balloon. After an at-times tense ascent, which included concerns about how well his facial shield was working, the 43-year-old former military parachutist completed a final safety checklist with mission control.

As he exited his capsule from high above Earth, he flashed a thumbs-up sign, well aware that the feat was being shown on a livestream on the Internet with

The eagle has landed

- **Record numbers.** As Baumgartner ascended in the balloon, so did the number of viewers watching on YouTube. Nearly 7.3 million watched as he sat on the edge of the capsule moments before jumping.

- **Social-media surge.** After he landed, Red Bull posted a picture of Baumgartner on his knees on the ground to Facebook, generating nearly 216,000 likes, 10,000 comments and more than 29,000 shares in less than 40 minutes.

- **Hot trend.** On Twitter, half the worldwide trending topics had something to do with the jump, pushing past seven NFL football games.

- **Flying high.** Among the tweets was one from NASA: "Congratulations to Felix Baumgartner and Red Bull Stratos on record-breaking leap from the edge of space!"

a 20-second delay.

He activated his parachute as he neared Earth, gently gliding into the desert east of Roswell and landing without any apparent difficulty.

He then was taken by helicopter to meet fellow members of his team, whom he hugged in celebration.

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La Francophonie. Harper wants next summit held in a democratic country

Prime Minister Stephen Harper says he's glad he attended the summit of French-speaking nations, but hopes the next one is held in a country that promotes democratic values.

Harper said Sunday that he had definite reservations about taking part in the weekend's international gathering of la Francophonie in the Democratic Republic of the Congo.

The African country has been widely criticized for abusing human rights and allowing widespread sexual violence against women.

President Joseph Kabila was returned to power last year amid allegations of electoral fraud, something Harper

Meeting

Prime Minister Stephen Harper and Quebec Premier Pauline Marois met while in the African country Saturday.

- **Co-operation.** Harper said the meeting was "cordial" and focused on the economy.

described as "completely unacceptable."

But Harper said his visit did allow him to meet people who are changing things in the country. **THE CANADIAN PRESS**

Guns

Firearm-related crimes cost billions

Crimes involving guns cost Canadians more than \$3 billion a year, suggests an internal Justice Department study that may stoke the gun-control debate. **THE CANADIAN PRESS**

Immigration

Citizenship sped up before Games?

Minister Jason Kenney's office was urged by the Canadian Olympic Committee to fast-track the Canadian citizenship of a Chinese-born table tennis star, says a report. **THE CANADIAN PRESS**

Online bullying victim shocked by girl's death



Amanda Todd, 15, is shown in this undated handout photo from a Facebook memorial site set up after her suspected suicide. **THE CANADIAN PRESS/FACEBOOK-HO**

Mental health. Teen who also posted video about being bullied wishes he could have helped Amanda Todd

Their pleas for help were strikingly similar, but ended with tragically different results.

Amanda Todd, 15, of Port Coquitlam, B.C., and Jonah Mowry, now 15, of Lake Forest, Calif., may have never met, but both lived lives of torment at the hands of bullies. Both recounted their suffering through hand-written notes, flashed before video cameras and published online.

They both wrote about their loneliness, lack of friends

Quote

"I think that putting your kid in therapy can be good for so many reasons."

Jonah Mowry, 15

A California teen on how parents can help their children dealing with bullying.

and thoughts of suicide, yet only one remains alive.

The BC Coroners Service has said preliminary indications suggest Todd took her own life last Wednesday.

"I was kind of speechless," said Mowry, when he learned of Todd's death. "I kept thinking I wish I could have known her, I wish I could have talked to her, I wish I could have done something."

In the wake of Todd's death, victims of bullying across North America like Mowry, and his parents and their friends, are reliving their own experiences and offering advice on how to survive the torment and end the harassment.

The reactions come while RCMP investigators conduct interviews and review the factors that led to the death of the B.C. teen.

Todd had posted her nine-minute video on YouTube, in which she described how she suffered anxiety, major depression and turned to drugs and alcohol and even tried to kill herself twice.

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Beef plant reverses layoffs to break inspection impasse

E. coli contamination. After weekend of finger pointing, outlook for operations to resume at Alberta firm is improved

The meat-processing company at the centre of an E. coli outbreak is recalling 800 workers it laid off only a day earlier, resolving a deadlock that kept federal inspectors from completing their review of the operation.

The Canadian Food Inspection Agency's (CFIA) evaluation of XL Foods ground to a halt this weekend when the firm announced it was temporarily laying off 2,000 workers. Federal inspectors said they had nothing to inspect without the workers handling the beef.

The Brooks, Alta.-based company blamed the layoff decision on the fact the federal government hadn't given it a firm date for when it would get its licence back in order to fully resume operations.

But late Sunday afternoon, XL Foods put out a news re-



Cattle look out from a feedlot in Brooks, Alta., Wednesday. Lee Nilsson, a co-CEO of XL foods, which runs a Brooks-based meat-processing plant at the centre of an extensive recall, acknowledged the plant's stoppage has "caused a great amount of turmoil in the beef community." JEFF MCINTOSH/THE CANADIAN PRESS

lease saying it was recalling 800 workers to help the CFIA finish its job.

The inspectors are currently halfway through a review of how XL employees process 5,100 beef carcasses. If they're satisfied with what they see, XL could get its licence back.

"We look forward to actively working with CFIA to bring this to a viable and timely

resolution to allow the plant to recommence operations," Brian Nilsson, co-CEO of XL Foods, said in a release.

That was a different tone than one the company struck just a day earlier, when they urged the CFIA to come to a "swift and viable resolution," apparently without the help of the workers.

Lee Nilsson, fellow co-CEO,

Quoted

"We look forward to actively working with CFIA ... to allow the plant to recommence operations."

Brian Nilsson, co-CEO, XL Foods

had also made a pointed reference to the federal agency in an interview Friday with the Alberta Farmer Express.

"I know it's caused a great amount of turmoil in the beef community. I'd just like to say hang on because all things will pass, but at this point there seems to be an uncertainty as to which direction CFIA is going with regard to E. coli at my plant, or any other plant in the country," Nilsson said.

The decision to lay off the workers and effectively shutter the plant caused an immediate backlash. The CFIA said it was completely up to XL Foods as to when the plant would be reopened, and Agriculture Minister Gerry Ritz had given no hint of softening on the inspection regime.

THE CANADIAN PRESS

Aerospace industry. India presents 'real opportunity' for Canada: Trade council

Canada's aerospace sector can create jobs at home by taking advantage of India's modernization and recent moves to liberalize its foreign ownership restrictions, says the head of the Canada-India Business Council.

The world's most populated democracy has been growing in the shadows of fellow Asian giant China and other regional powers. But with India investing billions of dollars a year in infrastructure, the country is expected to become a top-five aerospace country by 2020.

"I think there is a real opportunity for us," council president Rana Sarkar said in an interview from Toronto.

"They're not going to go with one supplier, they're going to go with a syndicate of suppliers and for us to be in that mix is an important thing."

By the numbers

\$1T

The aerospace opportunity in India could total \$1 trillion, and even though Canada's share will be small, it's still significant compared to where Canada's sector has been historically, says Rana Sarkar, head of the Canada-India Business Council.



Rana Sarkar, president of the Canada-India Business Council, says India's aviation industry is undergoing "arithmetic growth." CONTRIBUTED

Canada's aerospace and space sectors generate annual revenues of over \$22 billion and employ about 80,000 Canadians in more than 400 firms across the country. Companies such as Bombardier and CAE Inc., along with engineering and construction firms are already pushing to take advantage of the growing demand for new aircraft, pilot training and airport construction.

But more potential remains untapped. "In virtually every sector in the aviation business, this is sort of like the 1950s in North America. You're starting to see just an arithmetic growth," he said.

THE CANADIAN PRESS

Canada-EU free trade

Drug-patent proposal could cost close to \$2B yearly: Federal study

Confidential federal research on free-trade talks with Europe shows that giving the European Union just one part of what it wants on drug patents would cost Canadians up to \$2 billion a year.

The Department of Foreign Affairs and International Trade has always insisted it's a "myth" that the Canada-EU free trade

deal would increase health costs.

But in September, officials at Industry Canada and Health Canada combined forces to examine the cost of the European demand to implement a patent-term restoration system, The Canadian Press has learned.

They found that based on past history of approval patterns, the EU proposal would add an average life of 2.66 years to a typical drug patent, and increase Canadian drug costs by between \$795 million and \$1.95 billion annually.

THE CANADIAN PRESS

Radio-Canada focuses too heavily on Quebec news, researcher finds

A long-standing complaint concerning Quebec navel-gazing by the CBC's French-language news service has been revived as the national broadcast regulator considers Radio-Canada's licence renewal.

Sen. Pierre de Bane, a former Liberal cabinet minister under prime minister Pierre Trudeau, commissioned an exhaustive research study that suggests Quebec television viewers may be getting an "unrepresentative image of the Canadian reality."

A scientifically vigorous sample of 2010 newscasts

on Le Telejournal, taken by a Carleton University researcher, found 42 per cent of the coverage focused on Quebec, a third dealt with international news and just 20 per cent covered Canadian "national" news.

Regional stories focusing on the other 11 provinces and

territories composed less than six per cent of Le Telejournal's coverage over a month-long period. By contrast, CBC's The National focused 37 per cent of its newscast on Canadian national news, and 27 per cent on the provinces and territories.

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HOW LONG CAN 'BLACK WIDOW' GO ON?



**URBAN
COMPASS**
Stephen Kimber
halifax@metronews.ca

She is a 77-year-old senior citizen with five last names, a 40-year criminal history as long as both your arms and one of your legs, with two dead husbands — one of whom she was convicted of killing, and the other, seriously suspected — a woman who is now barely two years past the end of her last five-year prison sentence for stealing \$20,000 US from a Florida man she met online, whose predictable *modus operandi* involved wooing, winning and then drugging her lonely victims before vacuuming up their assets, whose crimes became so notorious she was nicknamed the Internet Black Widow.

Venom

If police needed tips on what to look for, Millie had conveniently kept — and police also confiscated — a copy of a 2005 CBC Fifth Estate documentary about the 'self-made widow.'

Let's start with that tub of Ben & Jerry's ice cream. Followers of Ms. Weeks' story will know that one of her few surviving exes claimed his health deteriorated soon after the solicitous Millie allegedly began feeding him ice cream in bed at night. Doctors eventually discovered dollops of benzodiazepine — a tranquilizer he'd neither been prescribed nor known he was taking — in his system. That same drug was also found in toxic quantities in the body of the husband she ran over — twice — with a car.

Investigators say this time they discovered 144 lorazepam pills and 26 temazepam tablets — equally stupefying medications — along with three empty delabelled pill bottles and more prescriptions from five doctors.

If police needed tips on what to look for, Millie had conveniently kept — and police also confiscated — a copy of a 2005 CBC Fifth Estate documentary about the "self-made widow."

"How long can this go on?" the show's host, Linden MacIntyre, asks Millie at one point.

"It can't," Millie, then in jail in Florida, replies. "It just can't."

Perhaps it did.

Big Brother auditions

Canadians compete for the spotlight

Turns out Canada has a healthy share of reality show schemers and dreamers.

The casting call for Big Brother Canada drew its biggest turnout Sunday when the show made its final audition stop in Toronto.

Hundreds of wannabe players filled a cavernous hotel ballroom that had been converted into a waiting room for the day.

They included Kristy Gorny, a 35-year-old single mom from Oshawa, Ont., who said her longtime love for other elimination-style

reality shows, including Survivor and The Amazing Race, would give her an edge.

She knew exactly how she'd play the game if chosen to be on Big Brother Canada — where 14 people will be made to live together in a camera-rigged house cut off from all contact with the outside world.

"I'm assuming most house guests will think that I would be more like the mom of the (house) but really I'm going to be the competitive gamer that'll probably stab you in the back," said Gorny, who arrived just before 8 a.m. and expected to wait several hours to see the judges.

THE CANADIAN PRESS

Polar bear? No, it's polar beer!



ROBERT NEMETI/SOLENT

Quirky beer making

Un-freezable bevy for polar explorers

A special beer has been crafted to survive the coldest place on Earth — the South Pole.

The British ale Pole-Axed is designed to retain its flavour after being frozen in temperatures of -89 C.

Previously, ales brought to Antarctica could not cope with the low temperatures — the beer would freeze and lose its taste.

METRO

Explorer's viewpoint

"We've never asked a brewer to do this kind of thing before but we thought it would be a nice idea.... I've had a taste of it already and it's a brilliant beer. It will be a great treat for Christmas Day."

Explorer Rob Brown, pictured, from the National Oceanography Centre in Southampton, England. Brown is one of the team members who will be enjoying the beer in Antarctica.

METRO

Beer status

Beer's journey for Christmas arrival

The secret-recipe ale, which is due to make its 16,000-kilometre journey to the South Pole this week, is currently being put into plastic bottles, which will then have the air squeezed out of them.

The process allows the liquid to expand when frozen and prevents the gas from escaping.

After it arrives, it will be kept safe until Christmas Day when the explorers will merrily drink it.

METRO

Yuletide lager

20

pints (11.3 litres) of beer will be sent to the polar explorers to enjoy on Christmas Day. The team from the British Antarctic Survey and the National Oceanography Centre will be conducting research at the subglacial Lake Ellsworth for three months.



Register at metropolitanpanel.ca and take the quick poll

What would you change about the iPhone 5?

40%
MAKE IT
VIRTUALLY
UNBREAKABLE
WITH OR
WITHOUT A CASE

20%
MAKE IT AS THIN
AS A POST-IT NOTE

40%
GIVE IT A
BLACKBERRY-
ESQUE
PUNCH-ABLE
KEYPAD

Twitter

@owenftz1: Dozens of people here in Halifax airport fixed at TV watching that nut jump from space! Amazed at the interest, fascination.

@darrinharvey: Quinpool Rd. Shopping Ctr parking lot this morning. Final score. Hearse o. Dude with sledgehammer 1. HPD 2. #halifax

@BettszeeHFX: I come from a small town and they have a fenced in dog park that is

huge. It makes no sense to me that Halifax does not have such a park.

@JaneMcKillop: Every time I hear the boats in the harbour I think halifax explosion round 2 is about to happen #haliproz #heritageminuteeducated

@bruce_croxon: Heading to #halifax. Most musicians per capita in canada..made that up but sure feels like it. Happy to be going. #dreamfest

Canada's game show heritage is as rich as a vat of maple syrup, dripping with decades worth of eager-beaver contestants and smooth talking hosts who left an indelible mark on the quizzical landscape. With Comedy Network tapping Oshawa stand-up comic Darrin Rose to emcee a reboot of Match Game, we salute this country's outsized contribution to the high-stakes genre.

MIKE DOJC
scene@metronews.ca

Classic show revisited

Fill in the blanks with DiGiovanni

Debra DiGiovanni is among the regular panelists who will be appearing on the new version of Match Game, which starts airing today on The Comedy Network. We decided to ask her a few questions from the 1973 season of the classic game show that asked celebrities and contestants to fill in the missing word.

1. One spy said to the other, "Beware of Lola, one of her CAMERAS is really a camera."

Debra says: This is an example of some of the answers we received from nervous contestants. Cute.

2. The sexiest thing a woman can wear is A SMILE (WHILE NAKED)

Debra says: I'm totally guessing at this one. I clearly have no idea.

3. John and George traded WIVES for a week

Debra says: I'd choose that answer because I know that for most men, that's their biggest fantasy, especially if their wives were sisters. I know, men are weird!

4. Mary liked to pour gravy on John's LAP

Debra says: Responding with a smutty answer is a surefire match. I would've said "BOOBS" but then that changes the back story on John and Mary's relationship.

Hometown Showdown: Where do these hosts hail from?

Monty Hall Let's Make A Deal

Clue: A Winnie the Pooh costume could sweeten an audience member's chances of getting picked to trade for a prize.



ALL HOSTS GETTY IMAGES

Howie Mandel Deal or No Deal

Clue: With the big five all based here, there are plenty of bankers available to sway a contestant to part with their briefcase.

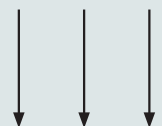


Alex Trebek Jeopardy

Clue: This 'Nickel City' east of Sault Ste. Marie and west of North Bay is the stomping ground for a hockey team that howls.



Flip over for answers



- 3. Sudbury
- 2. Toronto
- 1. Winnipeg

Name that Homegrown Show

J _ t Like M _ _

The signature segment on this family affair from the 1980s was the 60-second bake-off where young contestants would blitz through a recipe. Their grown-up partners would then taste test the rushed dishes and determine which one their kid made.

T _ t P _ _ tern

Mini-games like human piñata, bowl and win, dance break, and hide the salami lent this wacky hit a fraternity party feel. The game-ending lightning round had contestants put on helmets with light bulbs on top and whack a button on their forehead to buzz in.

m _ r Stu _ ers

This Global TV puzzler hosted by Al Dubois turned the highway boredom busting pastime of attempting to decode the meaning of



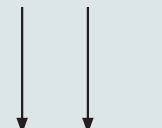
Remember this one? Or are you stumped? Get it? SCREENSHOT

vanity licence plates into word nerd heaven. If the show was still airing today, a clue would be "MRONV" belongs to The Voice judge

Adam Levine. Answer: Maroon 5.

u B _ t _ ou A _ _
This trivia show was never

Flip over for answers



- 4. You Bet Your Ass
- 3. Bumper Stumpers
- 2. Test Pattern
- 1. Just Like Mom

short on potty humour. Take this actual question from the category 'Smelly Things:' "What colourful mixture of dried flowers, herbs and spices is often found in a woman's bathroom to unsuccessfully mask the odour of her number twos?"

2 SCENE



Taking Steps Towards a Cure.

Light the Night is an annual walk and fundraising event- a night of solidarity and hope. This event supports people battling blood cancer and paying tribute to those claimed by it. Friends, families and supporters gather holding illuminated balloons- red for supporters, white for survivors and patients and gold to remember lost ones. Our mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma and improve the quality of life of patients and their families.

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Miley Cyrus. ALL PHOTOS GETTY IMAGES

Hemsworth and Cyrus get matching tattoos

They've already proven their devotion to each other through getting engaged and adopting more than enough dogs, but Miley Cyrus and fiancé Liam Hemsworth apparently wanted to go a step further and get connecting tattoos.

In July, Cyrus had an excerpt from a speech by Theodore Roosevelt inked on her forearm, and Hemsworth has since gotten the rest of the quote tattooed on his forearm, according to Hollyscoop.

Quoted

"If he fails, at least fails while daring greatly"

What one half of the Cyrus/Hemsworth tattoo says.

Cyrus' arm has one part, Liam has the other.

"So that his place shall never be with those cold and timid souls who neither know victory nor defeat," while Hemsworth's continues, "If he fails, at least fails while daring greatly."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Penn and Madonna re-uniting?



THE WORD
Dorothy Robinson
scene@metronews.ca

Forget the rumours of Beverly Hills 90210 actors Luke Perry and Jennie Garth falling back in love after reuniting for an Old Navy commercial — here's a pop culture reunion that's much, much juicier.

On Thursday, Sean Penn sat front and centre at his ex-wife Madonna's Staples Center concert and even visited her backstage.

An extremely excited (and pervertedly descriptive) source tells RadarOnline that during the concert, Madonna "stared Sean dead in the face, smiled, unzipped her pants, and mooned the crowd, but it was really like she was mooning Sean!"

The source added that, "He laughed and clutched his chest like he was going to pass out. She was wearing a black lacy thong, and her butt looked perfect! So smooth and tight. ... like a 20-year-old's!"

After the show, Penn was spotted backstage "gushing" over his ex.

"Sean was like a teen-



age boy meeting his idol," another eyewitness told the site. "It was amusing, and kind of cute."

Penn and Madonna were married from 1985 to 1989. It was, by all accounts, a tumultuous relationship fraught with court cases, fights and the amazing disaster that was Shanghai Surprise.

But, hey — perhaps the past 30 years have mellowed out the stars. Oh man — like an adult who continues to hold out hope that their divorced parents will get back together despite living in different states for 20 years — I want this so much.



Mila Kunis

Kutcher and Kunis heating up

Ashton Kutcher and Mila Kunis continue to sweep New York with the public displays of affection, this time treating themselves to some gelato in the West Village, according to People magazine.

"When they walked

out, Ashton fed Mila some of her ice cream," a source said. "They were very cute together."

Kutcher has been staying with Kunis while she films a movie in New York, and while there they've done little to hide their love.

Twitter



@hughhefner

I'm working on my scrapbook this afternoon, Volumes 2610-1, covering May 27-June 1, 2012, including the return of Crystal. Happy days!



@RealHughJackman

On set for my birthday. Thanks for all the best wishes!



@stephenfry

Wonderful lunch with a friend & his family in Kent. Then a stout walk in leafy lanes & woods. How beautiful the countryside there is.



@SarahKSilverman

No one's looking

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Ditching the very distracted dinner table

Family time. Sitting down to eat together is an important part of inspiring and engaging



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

My 13-year-old daughter came home from school and said her teacher had asked the class how many families had dinner together on a regular basis.

To her (and my) surprise, she was the only one who raised her hand. Fellow students reported that they were more likely to eat in front of the television alone, in their rooms or grab fast food on the way to an activity.

When kids are little, parents physically have to be in attendance to make sure their nutritional, hygienic and logistical needs are met during meals.

As they get older, the physical needs wane, and it can seem easier to just have everyone



Adults are also encouraged to share parts of their day at the dinner table. SUBMITTED

Benefits

The studies speak loud and clear.

- **Healthy lives.** Numerous studies have shown that benefits of families sharing meals include: children being less likely to develop eating disorders, better communication between kids and parents, more fruits and veggies being eaten and kids being more likely to maintain an appropriate body weight.

take care of themselves. Additionally, it can become more difficult for families to find an evening when there isn't a hockey game, a late meeting or a school fundraising activity to get to — which makes it all the more important to find the time to eat together on the nights where everyone can make it to the table.

Not only does it inspire and engage the children in conversation about their day, but it helps to avoid the number one complaint that parents have about bad table manners they see in their own and other kids: The inability of kids to sit still during a meal.

Technology has invaded our dinner space with television, tablets, and, of course, the constant use of smartphones, with email and texting. Eliminate the distractions and start talking. Mom and dad need to be the role models for this behaviour, so put away the phone before you sit down at the table, and make it a family rule.

Conversation lagging? Consider bringing some quiz questions to the table on current events that are age appropriate for your children.

Adults are also encouraged to share parts of their day, to allow the kids to better understand the challenges and suc-

cesses they're having.

Where possible, try not to schedule after-school lessons and sports at a time that makes a family meal logistically challenging. Consider changing your "regular" meal time to one that most of the family can manage.

Make sure homework is out of the way as early as possible, so dinner time doesn't have to be fraught with the stress of work to come.

Get the kids involved in meal planning, and remember, it doesn't hurt to have them take responsibility for table setting and clearing. Make it a family activity. Bon

appétit!

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Feeling a little bit overwhelmed, mom? Declare a strike

Mom Jessica Stilwell let the crusty dinner plates pile up in the kitchen and left the stinky laundry scattered on the floor to teach her messy kids a lesson.

After six days, she declared victory in her "mommy strike" and gained worldwide attention for her comical blog detailing the struggle.

"Could I ever have imagined this? Absolutely not. It's very overwhelming," Stilwell said over the phone Friday following an interview with TV talk show host Katie Couric in New York.

The 37-year-old social worker appeared earlier in the week on the Today show and got a high-five from host Matt Lauer for her parenting experiment.

She's off again next week to do The Jeff Probst Show in Los Angeles.

Her story has appeared in newspapers from New York to London.

Her blog has attracted comments from other mothers as far away as France and Finland.

Stilwell said the strike worked for her family and she encourages other overwhelmed moms to launch their own boycotts.

"I think we all learned that despite us being a really busy family, we can't let it slip. My girls have responsibilities."

Stilwell's blog — called Crazy Working Mom: Diary of a mother on the brink of snapping! — details how she got fed up with her three daughters and decided to go on strike Oct. 1.

She quickly let her husband, Dylan, in on the plan but they didn't tell the girls — twins Olivia and Peyton, 12, and 10-year-old Quinn.

The couple cleaned up each plate and fork they used for themselves but left the girls' dirty dishes untouched. Stilwell wrote that

the plates slowly stacked on top of each other like a gross game.

Mould and fruit flies gathered. One pet dog licked clean the dishes that made it into the dishwasher when the door was left open. "Which begs me to question," wrote Stilwell, "if the children will think it's actually clean and proceed to use the dishes in the morning?"

She also posted photos of the mess, including one of another pet that got stuck in a backpack as the pooch tried to get at a rotting school lunchbag.

When the girls didn't clean out their lunch sacs, their parents packed their school meals in the only other containers they could find — dog poop bags.

Stilwell said she had to summon super-mom strength to fight the urge to clean up. She turned to getting her nails done, sipping



Dishes piled up when a Calgary mom went on strike. ISTOCK

red wine and venting on her blog.

"Olivia continues to tell me that the kitchen is disgusting. At last count she had made this statement 17 times today alone."

Her youngest girl cracked on Day 4. "My little love broke down in the kitchen tonight as she was trying to rinse a glass to use and began to cry."

"Through her sobs she said, 'I don't wanna eat out of pooh bags anymore. I don't want paper plates or beer cups for breakfast. Can you please help me clean up?'"

Venting

"Olivia continues to tell me that the kitchen is disgusting. At last count she made this statement 17 times alone today."

Mom Jessica Stilwell

writes on her blog during her "mommy strike" during which she stopped cleaning

Stilwell said she refused to fall for the tears or cute dimples. She tried to negotiate, but it took two more days before all three girls realized they had created the mess and apologized.

They spent the next two days cleaning the house as a family.

"I know some of you are sad 'The Strike' is over. But feel happy for me please. I WON!" wrote Stilwell.

One parent commented: "Thank you again for inspiring so many parents to take the control back. The patients should never run the asylum." **THE CANADIAN PRESS**

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Don't avoid talk of kids before wedding

Marriage issues.

Although lawyers and therapists agree that making a solid decision whether you'll have kids isn't always possible, it should be discussed

Ken Budd fell for his high school sweetheart all over again when they reconnected after college.

Both were 25 when they married. He just assumed they'd have kids one day, something he had always wanted, but it wasn't until his father died 14 years later that he even broached the subject with his wife. The result?

"I wanted to have a child and she ultimately didn't," Budd said. "She said she just felt like she didn't have maternal feelings."

Far less has landed couples in divorce court, but the Burke, Va., couple — he an editor and she a nurse — made it through.

Budd, now 46, said he gave up the parenting dream and channeled his fatherly feelings into volunteer work on behalf of poor kids all over the world, trips his wife came along on a couple of times.

"You both wind up feeling guilty," said Budd, who wrote a book about his travels and the reasons for them. "She feels guilty because she knows I wanted this thing but she didn't feel like she could do it and I feel guilty because I've put her in this position where she feels guilty, so we both had to work through some things."

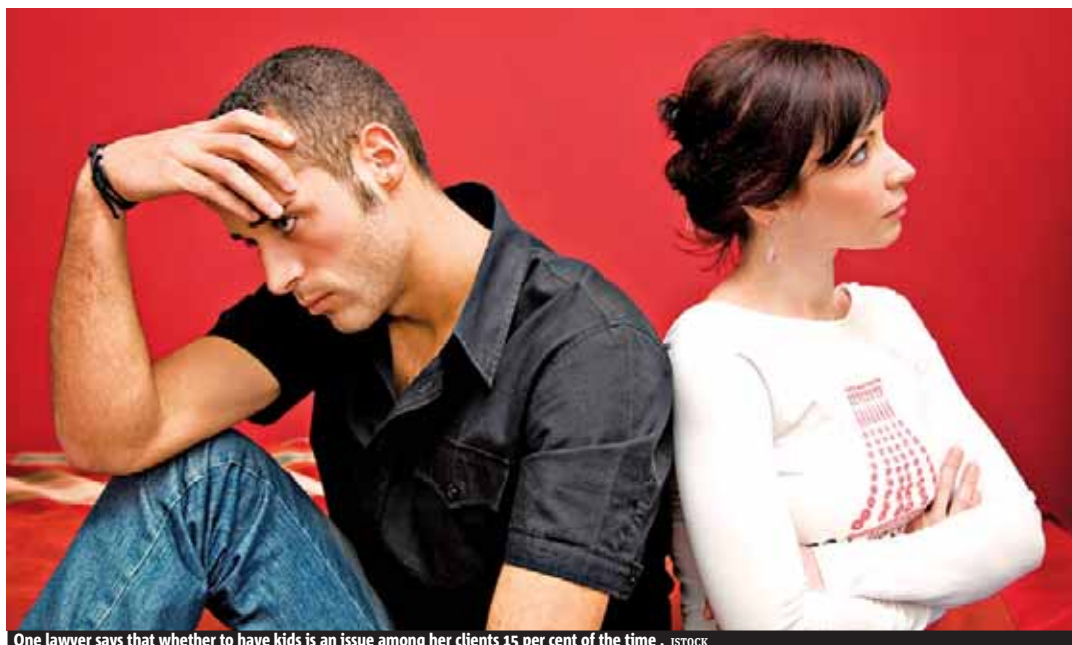
Whether it's having children at all or how many to have, divorce attorneys and therapists said the issue rears regularly, but it's often unrealistic to think couples can close the negotiation on kids before heading to the altar.

Talking about it, at the very least, is a good idea before the rings are on.

"You may resent your partner for denying you something that is so important to you. On the flip side, if you pressure a spouse into having a child they don't want, it can be detrimental not only to the marriage but to the child as well," said Lori Freson, a therapist in Encino, Calif.

It's easy, she said, to pretend a kid divide before the nuptials doesn't exist.

"Denial and avoidance can be very powerful, especially in a love relationship," Freson said. "Love makes us do crazy things. Most people in love don't



One lawyer says that whether to have kids is an issue among her clients 15 per cent of the time. ISTOCK



want to acknowledge the reasons why it might not work."

Sometimes minds change.

David Knoller is 65. He retired a few months ago as

a medical research administrator at a hospital near his Fair Lawn, N.J., home. His wife, Rochelle, worked as a librarian for more than 20 years.

They have a 28-year-old

son who, Rochelle noted wryly, "doesn't know how lucky he is to be alive."

The Knollers met in the summer of 1976, in line to renew their driver's licenses in Manhattan. They mar-

ried the following January.

Like the Budds, Rochelle was 25. Just about all of her friends were single at the time and of one thing she was certain: She didn't want kids.

Money matters

Money is one among the reasons couples disagree when it comes to having kids.

• Middle-income family.

According to a U.S. Department of Agriculture report issued in June, a middle-income family with a child born in 2011 can expect to spend about \$234,900 (\$295,560 if projected inflation costs are factored in) for food, shelter and other necessities to raise a child over the next 17 years. That's a 3.5 per cent increase from 2010. Expenses for transportation, child care, education and food saw the largest percentage increases, with smaller hikes in housing, clothing, health care and miscellaneous expenses.

"I had had a pretty unhappy childhood. I certainly didn't enjoy the child part of it, but my parents didn't seem to be having a good time, either," she said. "I had made up my mind not to have a child and that was it."

David, who is five years older, was aware of her feelings. He knew he wanted to be a dad, but love won. They were best friends who enjoyed hanging out together. And they were young. They were having fun.

"I figured time was on my side," he said. "I figured that it was a discussion that could be deferred until we really got to know each other."

It worked, about six years later, when Rochelle decided without urging to get pregnant at a time she was having trouble getting her career in recreation therapy off the ground. She trained later in library science.

"I occasionally used to wonder if I had found librarianship earlier would I have made this same decision, and will never know obviously," she said.

Leigh Cummings, a family law attorney in Atlanta, sees whether to have kids as a major issue among her clients about 15 per cent of the time.

When she asks why such a crucial aspect of a relationship wasn't discussed during courting, the responses usually go something like this:

"Either it didn't come up, or we just weren't thinking about that," said Cummings, who's expecting her first child. "Or we were just in love, or she thought she would change his mind. It's a huge, festering problem."

THE ASSOCIATED PRESS

A sweet ending in a small bite

Glazed Apple-Ricotta Tarts



This recipe makes 12 tarts. NEWS CANADA

Homemade pastry sets the stage for a creamy-sweet combo of ricotta cheese and apples.

1. Pastry: In measuring cup, whisk together sour cream and water. Keep cold in refrigerator.

2. In food processor, pulse together flour, cornmeal, sugar and salt to combine.

3. Pulse in butter until mix resembles large peas. Pulse in chilled sour cream mix until a rough dough forms. Cover in plastic wrap and flatten into disc. Chill at least one hour.

4. Filling: In saucepan over medium low heat, stir apples, sugar, Calvados and lemon zest; cook, covered, stirring occasionally, until apples are very tender, about 30 minutes. Remove from heat and let cool. Stir in ricotta.

5. Preheat oven to 375 F (190 C). Divide dough into 12 pieces and roll into 4-inch (10 cm) discs. Arrange in greased muffin tin. Repeat with remaining dough. Fill each with 2 heaping tablespoons (30 ml) of apple ricotta mix. Fan apple slices over top of each tart. Melt jelly in microwave for about 30 seconds or until pourable. Drizzle over each tart.

Ingredients

Pastry

- 1/4 cup (50 ml) sour cream
- 1/3 cup (75 ml) ice water
- 1 cup (250 ml) unbleached all-purpose flour
- 1/4 cup (5 ml) cornmeal
- 1 tbsp (15 ml) granulated sugar
- 1/4 tsp (1 ml) salt
- 1/3 cup (75 ml) cold butter, cubed

Filling

- 2 lbs (1 kg) apples (such as Spartan, Cortland or Empire), peeled, cored and diced
- 1/4 cup (5 ml) granulated sugar
- 1/4 cup (50 ml) Calvados (apple flavoured liqueur)
- 1 tbsp (15 ml) lemon zest
- 1/4 cup (50 ml) whole-milk ricotta cheese

Topping

- 2 apples, peeled, cored and thinly sliced
- 1/4 cup (5 ml) bottled apple jelly

6. Bake in centre of preheated oven until pastry is golden and filling is bubbling, about 45 minutes. Transfer to cooling rack and cool 10 minutes before removing tarts from tin.

NEWS CANADA

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There's nothing like heading to the movie theatre and grabbing a bag of popcorn. But unless you're interested in consuming loads of calories, fat and sodium, watch what you purchase.

Large popcorn with 5 pumps of butter topping, large pop and peanut M&M's

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Small popcorn with 1 pump of Becel, small diet pop and Mars bar

840 calories/ 49 gm fat/ 600 mg sodium You can indulge at your fave flick but it's still not nutritional.



Fatigue gets failing grade in France

C'est la vie! Country looking to upend school year traditions in support of work-weary youngsters

French children go to school four days a week. They have about two hours each day for lunch. And they have more vacation than their counterparts almost anywhere in the West.

It may sound a bit like the

famously leisurely work pace enjoyed by their parents, most of whom work 35 hours per week as dictated by law.

But the nation's new government says elementary school kids risk classroom burnout, and is moving to

help them cope. The issue: French school days may be relatively few, but they are at least as long as a day of work for adults. Even 6-year-olds are in class until late into the afternoon, when skies are dark, attention flags and stomachs rumble.

As a candidate, President Francois Hollande promised to change things by adding a fifth day of classes on Wednesday while shortening the school day. For France, it's something of a revolutionary idea that would overturn more than a century of school tradition. The thinking is that the days are too full for young children under the current system and that Wednesday free time could be put to more productive use.

"France has the shortest school year and the longest day," Hollande said at the time, promising change.

His education minister, Vincent Peillon, will decide this month how to carry out the reform. He has said he may also compensate for a shorter school day by trimming France's sacred summer vacation. A panel of experts will present their conclusions on Friday, and the president is expected to address the issue on Tuesday. No proposal affects

C'est dommage!

Things aren't exactly easy for French kids.

- Despite long summer breaks and the four-day school week, French elementary school students actually spend more hours per year in school than average; 847, compared with 774 among countries in OECD, a club of wealthy nations. But the time is compressed into fewer days each year.
- The French school day begins around 8:30 and ends at 4:30 p.m., even for the youngest, despite studies showing the ability of young children to learn deteriorates as the day goes on.

The long and short of it

France has the shortest school year and the longest day."

Ecoliterate co-author Lisa Bennett

catechism on their weekday off. In today's secular France, Wednesdays currently are a blur of sports, music, tutoring for families of means, or a scramble for working parents struggling to get by — who must either find a sitter or send their kids to a full day at a state-run leisure centre.

Many parents are afraid that the changes will force them to figure out extra childcare five days a week, especially at schools where the afterschool program amounts to sitting silently at a desk for two hours or near-chaos in the play areas. Under the education proposal, school would end at lunchtime on Wednesday.

"It's completely unrealistic," Valerie Marty, president of the national parents' organization, said of the proposed timetable. "They have to figure out who will take care of the children after school, who will finance it."

THE ASSOCIATED PRESS

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Supporting cast steps up for surging Mooseheads

QMJHL. Halifax atop league after weekend road victories



MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Mooseheads' so-called secondary scorers are quickly becoming a primary reason for their success.

Although many wondered who would contribute goals this season beyond hot-shot prospects Nathan MacKinnon and Jonathan Drouin, the duo of Luca Ciampini and Matthew Boudreau has stepped up while the Mooseheads' winning streak has stretched to seven games.

The Mooseheads won a pair of road games on the weekend to move into sole possession of first in the QMJHL with a 9-1 record, defeating the Shawinigan Cataractes 4-1 on Saturday and the Drummondville Voltigeurs 5-2 on Friday.

Ciampini, an 18-year-old left-winger, and Boudreau, a 19-year-old centre, are linemates on the second unit

Moose facts

- Ducharme said Mooseheads winger Jonathan Drouin "might be back on Wednesday. If not, maybe on Friday." He's missed two games with an upper body injury.
- The Mooseheads' road game against the Gatineau Olympiques on Nov. 9 will be shown nationally on Rogers Sportsnet.
- Mooseheads winger Nathan MacKinnon has grabbed the team scoring lead from Drouin. He has 17 points in 10 games.

and have now recorded 10 goals and four assists in the past four games.

"It's nice to see Luca and Boudreau playing as well as they are right now," said Mooseheads head coach Dominique Ducharme. "They're having success because they're more active and their plays are simple plays. They're building

chemistry."

Although Boudreau was third in team scoring last season with 26 goals among 56 points in 67 games, Ciampini has been a revelation.

Selected second overall in 2010, Ciampini had 35 points last season and had just four goals in his past 60 games coming into last weekend.

He's potted seven goals and an assist during the four-game hot streak.

"It's nice to see his confidence way up there," Ducharme said. "He's making plays with the puck, he's more patient, he's looking for options, he's getting inside, close to the net, close to the puck, and having scoring chances. With scoring chances, he's getting results."

The Mooseheads are a point ahead of the Rouyn-Noranda Huskies, 8-2, and two points ahead of the nationally top-ranked Quebec Remparts, 8-1, atop the standings.

They return to action on Wednesday at 7 p.m. on the road against the P.E.I. Rocket.

"We're gaining confidence, we're playing as a team, but we still have a lot of work to do," Ducharme said.



Mooseheads left-winger Luca Ciampini celebrates a goal in last Wednesday's home game against the Moncton Wildcats. JEFF HARPER/METRO

Huskies in tight playoff fight after loss



Drew Jacobson, left, of the Saint Mary's Huskies. JEFF HARPER/METRO

For the first time all season, Saint Mary's Huskies head coach Perry Marchese heads into a week of practice needing to address a sub-par team effort.

A week after beating the Mount Allison Mounties 43-7 in Halifax, the Huskies travelled to Sackville, N.B., on Saturday and lost 25-12 to the Mounties, leaving them in a three-way tie for second, and last, in Atlantic University Sport football.

"They flat-out wanted it more than us," Marchese said. "All three aspects of the game, they just played harder than us. That's pretty uncharacteristic of us given the way we played the first five games of

the season."

The Mounties, Huskies and St. Francis Xavier X-Men all have 2-4 records behind the first-place Acadia Axemen, 5-1.

Marchese credited the Mounties for playing a "fantastic game." Mount Allison running back Jordan Botel rushed for 194 yards and a touchdown on 40 carries as the Mounties amassed a whopping 254 yards on the ground.

Saint Mary's first-year quarterback Drew Jacobson completed just seven of 33 passes for 78 yards and three interceptions and the Huskies scored just one offensive touchdown on a six-yard rush

by running back Jesse Lacle in the third quarter.

Saint Mary's is back in action on Saturday at 2 p.m. on the road against Acadia.

The top three teams make the AUS playoffs, with the second- and third-place finishers squaring off in the semifinal and the first-place finisher earning a bye to the final.

"For us, we look at the last three games as playoff games," said Huskies head coach Perry Marchese. "This one included, we looked at them as must-wins. It makes the next two must-wins and we need to put in some more effort."

MATTHEW WUEST/METRO

AUS soccer

Huskies suffer season's first loss

The Saint Mary's Huskies lost their first game of the Atlantic University Sport men's soccer season on Sunday. The first-place Huskies, 6-1-3 and ranked third in the country, lost 2-1 to the host Cape Breton Capers, 3-3-3.

Meanwhile, the Dalhousie Tigers knocked off the host Acadia Axemen 2-0. The Tigers, 5-3-2, are now tied for second overall with the Axemen.

In women's play, it was Dalhousie taking down Acadia 1-0 to improve their second-place record to 7-2-1.

The Saint Mary's women's team, 3-5-2, lost 1-0 to Cape Breton. METRO

AUS hockey

Johnston scores hat trick in win

The Saint Mary's Huskies earned an opening-weekend split in Atlantic University Sport men's hockey.

Stephen Johnston had a hat trick on Friday as the Huskies downed the Dalhousie Tigers 5-2 at the Halifax Forum. On



Stephen Johnston. CHL IMAGES

Saturday in Antigonish, the Huskies fell 5-3 to the St. Francis Xavier X-Men. METRO

Hockey

Cape Breton hosts for under-17 event

The 2014 world under-17 hockey challenge is coming to Cape Breton Dec. 28, 2013, to Jan. 4, 2014.

The event will bring all-star teams from around the world to face five Canadian entries in Sydney, North Sydney and Port Hawkesbury. METRO

4-SPORTS

Missed call propels the Tigers to 2-0 lead

ALCS. Umpire's gaffe leads to pair of Detroit runs in tightly contested Game 2

The Detroit Tigers got a big boost from Anibal Sanchez's arm. They got a helping hand from an umpire, too.

The reward: A commanding 2-0 lead in the AL championship series, and a trip home with their ace ready to start.

Sanchez shut down a Yankees lineup minus injured Derek Jeter, Detroit scored twice after an admitted missed call by an umpire and won without any extraneous drama, beating New York 3-0 Sunday.

"He was terrific," Detroit manager Jim Leyland said. "This is a tough place to pitch with a tough lineup and a short porch. And a whole bunch of left-handed hitters, it is not easy. That was quite a feat."

New York starter Hiroki Kuroda pitched perfect ball into the sixth inning to keep pace with Sanchez. But Robinson Cano and the slumping Yankees hitters were no match for the 28-year-old right-hander a day after its captain broke his ankle in the 12th inning of a 6-4 loss.

"I try to think backwards," Sanchez said. "If the count calls for a fastball, I throw a different pitch. If the count calls for a different pitch, I throw a fastball. I try to mix my speeds."

Making his second post-season start, Sanchez threw three-hit ball deep into the game to make Leyland's job



Umpire Jeff Nelson watches Detroit's Omar Infante dive back to second as Yankee Robinson Cano applies the tag on Sunday night at Yankee Stadium. Nelson called Infante safe on the game-changing play in the eighth inning. BRUCE BENNETT/GETTY IMAGES

easier. Closer Jose Valverde gave up four runs in the ninth Saturday and, only hours later, Leyland said the righty wouldn't close Game 2.

Delmon Young gave Sanchez his first run of support in these playoffs with a fielder's choice in the seventh. The Tigers then scored twice in the eighth after second-base umpire Jeff Nelson missed a call on a two-out tag at second base. Yankees manager Joe Girardi argued, and was

| Game 2 | |
|--------|---------|
| 3 | 0 |
| Tigers | Yankees |

ejected on his 48th birthday.

"The hand did not get in before the tag," Nelson said after seeing a replay. "The call was incorrect." To

get out of a jam in the first inning, he thought backward, all right: Try reaching around his back to snare a grounder for the final out.

Game 3 in the best-of-seven series is Tuesday night in Detroit, with reigning AL MVP Justin Verlander starting for the Tigers against Phil Hughes. Verlander went 2-0 in the division series versus Oakland, including a four-hit shutout with 11 strikeouts in the decisive Game 5.

THE ASSOCIATED PRESS

Jeter injured

Yankees shortstop Derek Jeter was absent for Game 2 on Sunday, off undergoing tests after his left ankle cracked in the 12th inning of Saturday night's 6-4 loss to the Tigers.

- Jeter had scans Sunday, which confirmed the fracture.
- His recovery is expected to take about three months.

MLB

Wild card Cards beat the Giants

Carlos Beltran and David Freese each hit two-run homers and the St. Louis Cardinals held on to beat the San Francisco Giants 6-4 Sunday night in Game 1 of the NL championship series.

The wild-card Cardinals took an early 6-0 lead and made it stand up.

THE ASSOCIATED PRESS

CFL

Als double up on Double Blue to tighten grip on East

Jamel Richardson and Shea Emry scored second-half touchdowns on Sunday to give the Montreal Alouettes a 24-12 victory over the Toronto Argonauts — and a home playoff date.

Richardson scored on a 75-yard touchdown reception at 12:25 in the third quarter for the East Division leaders.

The game was a huge one with first place in the East on the line between two teams battling for post-season positioning. The victory put the Alouettes (9-6) in the driver's seat, leading Toronto (7-8) by four points with three games left and owning the tie-breaker.

THE CANADIAN PRESS



Montreal's Jamel Richardson makes a catch under pressure from Pat Watkins on Sunday in Toronto. THE CANADIAN PRESS

Jacoby Jones ties kickoff-return record in Ravens win



Jacoby Jones of the Baltimore Ravens outruns kicker Dan Bailey of the Dallas Cowboys for a 108-yard kickoff return for a touchdown Sunday in Baltimore. ROB CARR/GETTY IMAGES

Eight yards deep in the end zone when he caught the kickoff, Jacoby Jones had an instant to decide: take a knee or run.

He ran — all the way into the record book.

"You know when you get that itch? I wanted to scratch it," Jones said. "So I took it."

Jones tied an NFL record with a 108-yard kickoff return, and the Baltimore Ravens held off the Dallas Cowboys 31-29 Sunday for their 14th straight regular-season home win.

Jones' return put the Ravens (5-1) ahead 24-13 in

By the numbers

481

The Cowboys amassed 481 yards against a crippled Baltimore defence and held the ball for more than 40 minutes in the loss.

the third quarter, and Dallas (2-3) never got even against a defence that lost cornerbacks Lardarius Webb (right knee) and Jimmy Smith (lower leg strain), along with middle linebacker Ray Lewis (triceps).

Webb could have an ACL tear, coach John Harbaugh

said.

"They threw a lot of haymakers at us," Harbaugh said. "Our guys stepped up at the end and found a way to win the game."

After Dez Bryant scored on a 4-yard pass from Tony Romo with 32 seconds left to make it 31-29, the 2-point conversion pass zipped through the arms of the diving Bryant in the front left corner of the end zone.

Dallas recovered the on-side kick, but Dan Bailey was wide left on a 51-yard field goal try with :06 remaining.

THE CANADIAN PRESS

Close games on Sunday

- Jason Hanson kicked a 45-yard field goal in overtime and the Detroit Lions overcame a 10-point fourth-quarter deficit to beat the Philadelphia Eagles 26-23.
- Matt Bryant kicked a 55-yard field goal with one second remaining, and the Atlanta Falcons remained unbeaten (6-0) with a 23-20 victory over the Oakland Raiders.

Jazic making mark on international stage

Soccer. Veteran Bedford native sparking Canadian national team from backfield

At 36, Ante Jazic keeps on trucking. For Chivas USA and Canada.

The Bedford fullback was a key man for Canada in Friday's 3-0 win over Cuba in Toronto, helping set up two of the goals. His interplay with Simeon Jackson down the left side triggered the first by Toisant Ricketts while his pinpoint cross set up fellow fullback David Edgar for the third.

Coach Stephen Hart singled out both his fullbacks for praise afterwards, calling their play "fantastic."

A dynamo on the field, Jazic is also a steadying influence off it. That experience will be useful Tuesday when Canada takes on Honduras under the baking sun at the Estadio Olimpico Metropolitano.

Jazic, a veteran of three World Cup qualifying campaigns, is no stranger to the twists and turns of Central America.

"I know it well," he said prior to arriving in Honduras on Sunday on the Canadian charter.

A tie or win in San Pedro Sula and Canada (3-1-1) advances to the final round of qualifying in CONCACAF, which covers North and Central America and the Caribbean. Winless Cuba (0-5-0) hosts



Bedford's Ante Jazic runs for Canada during a June friendly against the U.S.
TOM SZCZERBOWSKI/GETTY IMAGES FILE

Panama (3-1-1) in the other game Tuesday.

Honduras (2-1-2) needs a win to keep going.

The top two teams in the group move on to the final round, something Canada has not done since 1997.

Jazic likes the chemistry on the current Canadian squad.

"We've got a great group," he said. "A great balance of veteran leadership and some young guys coming up. We've been together for a long time. Everyone knows each other's game. The group is tight, now it's up to us to perform on the pitch."

Jazic has been part of a

Players protected

Armed police were awaiting the Canadian team's arrival on Sunday in Honduras. Police with machine guns have been stationed outside the team's well-appointed hotel.

- The security is no mere window dressing.
- A 2011 study by the United Nations Office on Drugs and Crime titled "Global Study on Homicide" reported that Honduras had the highest per capita murder rate in the world (82.1 per 100,000). In comparison, Canada's rate was 1.8.

steady back four that also features Edgar on the right flank and captain Kevin McKenna and Andre Hainault at centre back in front of Lars Hirschfeld in goal.

"There's good communication back there," said Jazic. "But it's not only us. The midfielders and the strikers, the entire team, works hard defensively. It's a team concept so when everyone's working hard, it's easy to defend as a unit."

Canada has posted 10 shutouts in its last 12 games, although five of those clean sheets came against lesser competition in the last qualifying round. And in five of those outings, Canada was also blanked.

THE CANADIAN PRESS

NBA. Pre-season injury bug taking bite out of Raps

One guard is back, one guard is out and the Raptors — like almost every NBA team — are battling predictable pre-season fatigue, bumps and bruises as they wait patiently for real games to start.

Kyle Lowry practised at the Air Canada Centre on Sunday, while Jose Calderon sat it out as a precaution against his sore left hamstring.

It is simply a fact of life right now that the toll of daily practices and pre-season games will lead to some kind of minor discomfort for almost every player. "It's that time of camp," coach Dwane Casey said after the team worked out. "The body's in shock more than anything else, but our guys have been pretty good and I credit that to guys coming into camp in good shape."

Lowry will be re-evaluated Monday and Tuesday before any possible decision is made about his availability for pre-season games Wednesday and Friday. Calderon got treatment during

Quoted



"It's part of it getting us tougher and getting us ready for

those (regular season) back-to-backs and the long road trips."

Head coach Dwane Casey on the Raptors' jam-packed pre-season schedule.

practice for pain Casey said he first experienced last Thursday, and no decision on him is close to being made.

The nicks and bruises are forcing Casey to strike a delicate balance between the need for on-court work and the need for rest and recuperation.

The Raptors had Saturday off, their first day off since training camp began Oct. 2 in Halifax, because there wasn't a logical break in about a two-week span. **TORSTAR NEWS SERVICE**



Clippers earn split in China

Los Angeles Clippers point guard Chris Paul reaches in for a steal on the Miami Heat's LeBron James during an NBA pre-season game in Shanghai. DeAndre Jordan had 18 points and nine rebounds to help the Los Angeles Clippers beat the NBA champion Heat 99-89 on Sunday. On Thursday night in Beijing, James scored 20 points in Miami's 94-80 victory over the Clippers. **KIN CHEUNG/THE ASSOCIATED PRESS**

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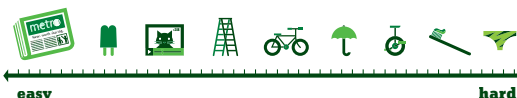
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Community Events

MISCELLANEOUS

Miscellaneous



The Nova Scotia Insurance Women's Association proudly announces that October 15 - 21, 2012 has been proclaimed Insurance Information Week by Mayor Peter Kelly in the Halifax Regional Municipality. In an effort to increase the understanding of Insurance, each year the Nova Scotia Insurance Women's Association promotes an interactive Insurance Campaign. The campaign is part of the continuous education initiatives to increase public awareness of the Insurance Industry. Please join us on October 18, 2012 at the Sunnyside Mall in Bedford, where we will be hosting an Information Booth through out the day and evening; our theme this year is 'Know Your Risk!'

The Nova Scotia Insurance Women's Association is a non profit group that brings together a wide range of Insurance professionals. The purpose of our Association is to encourage and foster relationships and educational programs designed to broaden the knowledge of its members and to encourage education of the public.

**For more information please visit our website :
www.nsiwa.com or Like us on Facebook!!**

2012 Hfx No. 394645
Supreme Court of Nova Scotia
Between:
Royal Bank of Canada
Plaintiff
and
Mary Margaret Mulloy and
Miroslaw Krawczynski
Defendants
Notice of Action for Debt
To: Mary Margaret Mulloy
TAKE NOTICE
That the Supreme Court of Nova Scotia has granted the Plaintiff's Motion seeking an Order for Substituted Service as against the Defendant, Mary Margaret Mulloy.
AND FURTHER TAKE NOTICE
That the Plaintiff may continue its Notice of Action for Debt against you without further notice to you unless within fifteen (15) business days from the date of this newspaper, you or your solicitor file a Defence with the office of the Prothonotary of the Supreme Court of Nova Scotia located at 1815 Upper Water Street, Halifax, Nova Scotia, and provide a copy to the undersigned. Please contact the undersigned should you require a copy of the Notice of Action for Debt and Statement of Claim.
Signed: Joshua J. Santimaw
Solicitor for the Plaintiff
BOYNECLARKE LLP
99 Wyse Road, Suite 600
Dartmouth, Nova Scotia B3A 4S5
Telephone: (902) 469-9500
Fax: (902) 463-7500

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| 2 solid pine arm chairs padded and in excellent condition \$40 each or 2 for \$75 (seen on kijiji) 902-479-1027 | Artificial Christmas Tree 7 foot Christmas Tree, with Stand \$10 (902)443-5374 | For Sale: Two books by E.L. James - 50 Shades of Grey & 50 Shades Darker • Large box of white ornaments Call (902)469-8500 | Four winter tires off Jeep Patriot 215/60/R17 - not on rims 50% tread remaining Selling for \$150 OBO / Call 402-9348 | Health Walker Exercise Machine large, folds up with wheels Best offer takes it! 902-461-9400 | Sears princess style four poster canopy bed frame. Twin size. White. Rails inc. No mattress or box spring. \$250 OBO Call (902)404-9229 | | |
| 2007 Utility Trailer, 5 x 8 Good condition \$550 OBO Call (902)434-3996 | BEAUTIFUL LOVESEAT Light Green background with small green leaves \$100 neg 902-434-6374 | FOR SALE: Kitchen Cupboards Made of Cedar \$150 902-421-1155 | FURNITURE MOVING SALE GREAT PRICES Call 902-446-7502 Evenings after 6pm | Large Futon table & Chair Set white & metal in color, good condition Best offer takes it!! 902-461-9400 | Single wooden kitchen chair. High back, very sturdy. \$10 - free delivery! Call (902)827-2560 | | |
| 3 Cabbage Patch Dolls Assorted Beanie Babies Call for prices 902-444-4360 | Bread Maker Stainless Steel NEW in BOX \$70.00 902-421-1155 | Four 16" Alloy Rims with Winter Tires 205/55/16 \$250 Firm Call (902)446-5148 | GUN CASES VARIOUS SIZES Call for prices 902-469-3345 | Lots of Baby Items Please call for more info 902-443-5374 | Table top Wine and Beer Corker Like new \$30.00 OX SLEDS \$100.00 (902)835-2179 | | |
| 5 1/2 foot Cast Iron Tub Never used, light pink \$100.00 902-835-2179 | Collection of vases for flowers or other artwork. Call (902)434-2608 | Four General Grabber HTS All Season Tires. Size: p245/70/R17. Less than 10k. \$350 Call (902)404-8321 | Hand knit scarves \$18.00 Hand knit dish cloths \$2.00 902-444-4360 | Sears double-queen bed frame. Incs. 4 pointed poster head & foot board, rails. Solid wood, rich cherry finish. Mattress not inc. \$275 OBO Call (902)404-9229 | TWIN SIZE BOX SPRING AND MATTRESS Rails included 902-463-4522 | | |

Horoscopes

Aries

March 21 - April 20

Not even an Aries can be totally independent, not all the time, so accept that this is one of those occasions when others are calling the shots – and don't just assume that their decisions will be bad for you.

Taurus

April 21 - May 21

An offer of some kind may mean more work for you personally but you are big enough to handle it – and smart enough to realize that if you don't take it someone else will. Don't you dare say no!

Gemini

May 22 - June 21

Today's new moon is so well placed in your chart that even the smallest of efforts on your part will yield super-size dividends. Is there a limit to how high you can rise? No there is not, so go for it.

Cancer

June 22 - July 23

It's time to smooth out any problems you may be having at home. Don't wait for loved ones to make the first move – it is up to you to get bad feelings into the open where they can be dealt with.

Leo

July 24 - Aug. 23

You must make more of an effort to put your point of view across, especially in social situations where your way with words could open doors that have been closed to you in the past. Get your silver tongue working.

Virgo

Aug. 24 - Sept. 23

There is a very good chance that your income will increase over the next few days, maybe dramatically so. You will, of course, find more things to spend it on, so you may not be any better off.

Libra

Sept. 24 - Oct. 23

A new moon in your sign is a firm promise of better days ahead. The most important thing now is that you believe you are capable of anything, for the one thing that could hold you back is self-doubt.

Scorpio

Oct. 24 - Nov. 22

You will be thinking deeply today about your life and the direction it seems to be heading. Change is necessary. Change will bring success. But first you must get over your self-doubt – there is simply no need for it.

Sagittarius

Nov. 23 - Dec. 21

New friendships you make over the next two or three days will last a lifetime. Even a Sagittarius needs encouragement now and again and the people you meet will inspire you to aim higher than ever before.

Capricorn

Dec. 22 - Jan. 20

Today's new moon means you are destined for some kind of celebrity status – you will certainly get noticed by the powers that be. Remember though that the bigger your public face the less of a private life you may have.

Aquarius

Jan. 21 - Feb. 19

If you have been thinking about doing something different with your life today's new moon in your fellow Air sign of Libra will help you see that your dream is both possible and desirable.

Pisces

Feb. 20 - March 20

Today's new moon will help you focus on what is important and help you make whatever tough decisions may be necessary. What you achieve before the end of the year depends on what you do now.

SALLY BROMPTON

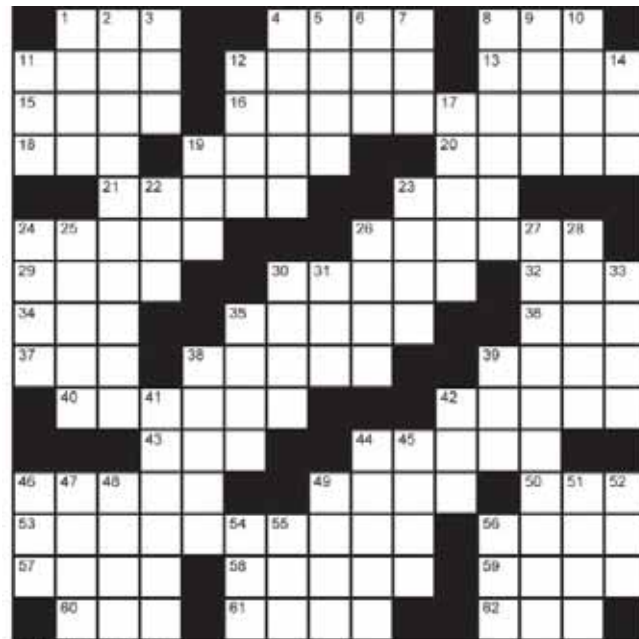
Across

1. Expire
4. Feeling achy
8. Ballplayer's hat
11. Pig sound
12. Chess and checkers
13. ___ the Red: 10th-century explorer who founded the first Norse settlement in Greenland
15. Stockings
16. Visiting faraway places
18. Québec neighbour: abbr.
19. Express pain vocally
20. Assistants
21. Covered with water
23. "Barbara ___": 1966 Beach Boys hit
24. Better suited
26. Slumbers
29. Box office disaster
30. Heads or ___: flip choice
32. Certain batteries
34. Female sheep
35. Cash drawers
36. Street: Fr.
37. ___ star: sheriff's badge
38. Appeal strongly to
39. Sask. neighbour
40. Engraves with acid, as glass
42. Foreign
43. Stop color
44. Christmas visitor
46. ___ as that goes: to that extent (2 wds.)
49. Troubadour
50. Wizard of Oz and 2001: A Space Odyssey studio
53. Capital of the Yukon
56. Protagonist
57. Sole

58. Military bigwigs
59. All over again
60. "Limit: one ___ customer"
61. Heed
62. Pig pen

Down

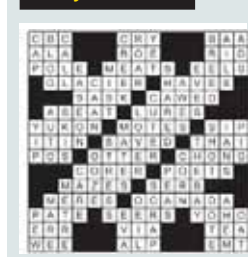
1. See 8-Down
2. Partial regular payment on a debt
3. ___ out a living: barely manage
4. NS-born singer McLachlan
5. Arabian Peninsula sultanate
6. Race, as an engine
7. 180° from WNW
8. With 1-Down, Charlemagne, Québec-born pop singer who has a spectacular show at Caesars Palace in Las Vegas
9. Dry
10. Scent for a car freshener
11. "So that's it!"
12. Bygone Pontiac muscle cars
14. Metric wts.
17. Country roads
19. Cause surface damage to
22. Spider's lair
23. "___ fair in love and war"
24. Aid, particularly someone in the commission of a crime
25. "Changes," "Fame," and "Let's Dance" rocker David



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26. Buildup at a river's mouth
27. Canada's government
28. Fry in butter
30. Canada's quintessential coffee and donut place, familiarly
31. Mont Blanc or Matterhorn, e.g.
33. Actor Young or Penn
35. Started a golf hole, with "off"
38. "Been ___, done that"
39. PC key usually next to the spacebar
41. Lunar landscape feature
42. In addition
44. Fresh-mouthed
45. Greek counterpart of Mars (god of war)
46. Hole-punching tool
47. Browse at the mall
48. Judge's decision
49. Scottish hillside
51. Between black and white
52. Cut grass
54. The Sopranos home
55. The sun, for one
56. Possesses

Friday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku



Today
19°/14°
Partly sunny

Tuesday
18°/8°
Rain
90%

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